

## Routing Guide—Inbound Shipments (FOB Origin)

**Small Parcel:** All shipments under 150 Lbs (1/2 a skid or less), route via FedEx or UPS. Contact your Cascade Buyer for the Account Number.

**LTL Instructions:** For all shipments between 1 and 4 skids, please ship collect using the primary carrier listed below. Conway does provide national coverage if needed.

**Consolidation:** For all shipments between 5 and 13 skids, please call C.H. Robinson Consolidation center.

**Truckload:** For all shipments over 13 skids, please call C.H. Robinson Truckload Center.

Origin State	Ship Via	Origin State	Ship Via	Origin State	Ship Via
AL	Saia	KY	Saia	NY	Conway
AK	Call CHR	LA	Saia	OH	Saia
AR	Saia	MA	Conway	OK	Saia
AZ	Saia	MD	Conway	OR	Saia
CA	Saia	ME	Conway	PA	Conway
CO	Saia	MI	Saia	RI	Conway
CT	Conway	MN	Saia	SC	Saia
DC	Conway	MO	Saia	SD	Saia
DE	Conway	MS	Saia	TN	Saia
FL	Saia	MT	Conway	TX	Saia
GA	Saia	NC	Saia	UT	Saia
HI	Call CHR	ND	Saia	VA	Saia
IA	Saia	NE	Saia	VT	Conway
ID	Saia	NH	Conway	WA	Saia
IL	Saia	NJ	Conway	WI	Saia
IN	Saia	NM	Saia	WV	Conway
KS	Saia	NV	Saia	WY	Conway

### Contact Numbers / Websites / Email Addresses

**Saia Freight:** 800-765-7242

[www.saia.com](http://www.saia.com)

**Conway Freight:** 800-755-2728

[www.con-way.com/en/freight/](http://www.con-way.com/en/freight/)

**C.H. Robinson Truckload:** Chad Hiller: 800-944-6238 Ext1217

[CascadeCHR@chrobinson.com](mailto:CascadeCHR@chrobinson.com)

**C.H. Consolidation:** Rowdy Rademacher@ 800-944-6238 Ext1234

[GRconsolidation@chrobinson.com](mailto:GRconsolidation@chrobinson.com)

**\*\*\*West Michigan Suppliers: Check with CE Buyer for Cascade’s truck Availability for your pick-up\*\*\***